October 10, 1996

86 Years of Service Honored

Well, it's a new year at PHS. The seasons are changing and faces are changing. We have said goodbye to a class of good friends, and sadly, have done the same for some of the teachers whose faces we've gotten used to seeing over the years.

On September 24th, at Damon's Restaurant in the Ramanda Inn in Portsmouth, we said goodbye to some of those faces from last year that have moved on. There a retirement dinner was held to honor those that have left us: Mrs. Sandra Copley, Mr. James Kendall, and Mrs. Linda McFarland.

The crisp autumn evening could hardly put a damper on the festivities, though. Co-workers, family, and friends gathered together not just to honor them, but to reminisce about the days gone by, and the room was filled with their laughter and joy. The staff and students realize these teachers leave some big shoes to fill. They will certainly be missed.



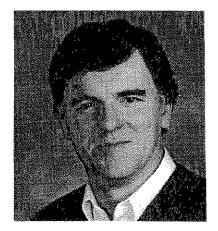
Sandra Copley

Mrs. Copley, a junior high teacher at PHS, retired this year. She taught one year in Kentucky, then moved back to Adams County and taught two years of elementary school. Then she taught junior high for 26 years giving a total of 29 years in the classroom. She has taught almost every subject: Science, Social Studies, Health, English, Spelling, and Reading. She said, "I've taught almost everything but Math, and I'm glad! I didn't like Math!"

When asked what her most memorable event during her career was she said, "It was between the years 1982-84. I was the cheerleading advisor at the time, and the boys basketball team made it to the Sweet Sixteen!"

Mrs. Copley hopes she will like her retirement a lot. She wants to do a lot of reading and travel. She has three grandchildren whom she wants to spend time with too! She loves working outside and said she hopes to do some gardening.

She misses everyone, students and faculty, very much and hopes to visit PHS soon!



James Kendall

After 30 years of teaching, Mr. James Kendall has retired. He worked in VanWert County and in 1974 he began at Peebles High. He taught Industrial Arts and Math. When asked what his most memorable moments at PHS were he replied, "That is a very tough question. I had many memorable moments. I enjoyed working and developing relationships with the students and enjoyed teaching in general."

Mr. Kendall's future plans include: pursuing hobbies, restoring antiques, farming, and photography.

Thanks for your years of dedication.



Linda McFarland

Mrs. McFarland, the guidance councelor at PHS, retired this year. She taught one year at Peebles Elementary, one-half year at Locust Grove, and twenty-six years at PHS. During these years she has taught Kindergarten, English, and Guidance.

When asked her most memorable moment during her career she replied, "Trying to match up children's boots with their gloves, and wiping their noses." After these experiences, with Kindergartners, she decided she was ready to move on to high school.

Mrs. McFarland has been quite busy since her last day at PHS. If she can find the time, she plans to be a sub secretary, and maybe even being AAA escort. She also plans to spend a lot of time with her family.

Good Puck!

Student Editorial

Boy, let me tell you, the sleepy little village of Peebles is really moving along these days. Two new restaurants, a new bank, a new lumber store, a Rich gas station, and best of all, a brand-spanking new school. Yessiree bob, we're really moving now. With all of the advances we are making, how about the school dish out forty bucks and fix up the restrooms a little?

For a long time PHS has boasted the nicest school grounds of all the county schools. That's not saying much if you ask me; the other schools are ugly. But we do have a nice place here-until you go into our bathrooms. Visitors from other schools or from our community walk into them and our school is just flat-out embarrassing.

Guys, in the men's restroom, the last thing you want to do is sit on those filthy toilet seats. At least I hate to. Don't get me wrong, I LOVE tobacco spit in my desk, I LOVE it in my school books, and I especially LOVE it in the water fountains, but I REFUSE to sit in the stuff. I don't think anyone else wants to, either. And yet tobacco spit is all over our toilet seats, along with who knows what else!

Now I know Rocky, Jim, and Mr. Brooks are going to come after me for saying this, but how about we extend their duties a little bit, so they clean the toilets during the school day?

Plus I've found things that, trust me, have NO business being in a toilet, in them. For instance, toilet paper is supposed to go into the toilet bowl a little bit at a time, but I've found ENTIRE ROLLS floating in the throne. Once I saw an Ohio history book in one. Nobody likes Ohio history, but that's just taking it too far.

And why not put mirrors up above our I hear that North Adams. sinks? Manchester, and West Union have advanced technology that allows them to go to Wal-Mart and buy them for their bathrooms, so why can't we?

Trust me, a mirror in the bathroom is going to be something that ALL of the students would appreciate. Every time I tell people we should put them in, people only say, "Oh, somebody would just break them." Well, how do you know they'll break them, until you even put one in?

But I'm not talking to JUST the school

here, I'm talking to the kids that are trashing our restrooms. There would be no sense in the janitors cleaning up your mess, if you're just going to make it dirty again. I've only got one question I want to ask those of you that throw toilet paper rolls into our toilets, or put a dip of tobacco in the water fountains. WHY? WHY, WHY, WHY, WHY WHY!!!!???

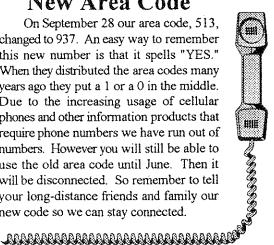
Why are you doing this here? Can't you find ENOUGH stuff to break outside of school!? You're not hurting the teachers or the faculty, or the school by being stupid, you're hurting ME! Me and everyone else who walks around with ugly hair all day long and doesn't know it. So please, don't chew tobacco during school, and if you have to, use a trash can. If you see something and feel like breaking it, do what everybody else does...take it out on the teachers.

In the last issue of the Tribal Times, I wrote an editorial saving that I think we need a smoking lounge, not just at PHS, but at ALL schools. But that is something that can't be changed. This can.

-- Ryan Arey

New Area Code

On September 28 our area code, 513, changed to 937. An easy way to remember this new number is that it spells "YES." When they distributed the area codes many years ago they put a 1 or a 0 in the middle. Due to the increasing usage of cellular phones and other information products that require phone numbers we have run out of numbers. However you will still be able to use the old area code until June. Then it will be disconnected. So remember to tell your long-distance friends and family our new code so we can stay connected.





The Tragic Ending of Woody Woodpecker

Book & Movie Review



The Green Mile

By Stephen King

The Green Mile is about prison guards that work on death row. In the story, a prisoner named John Coffey had some very unusual abilities. The book has a narrator which is the head prison guard. He's your typical Stephen King narrator. A voice you can trust. It holds you in suspense the entire way through. It's a serial novel written in six different parts; each of these parts were released about a month apart from each other. So you had to wait four weeks to find out what happened in each section. It had a rather surprising ending and the story never tapered off.

Recommended by Ryan Arey. He claims it's the "Most suspenseful novel I've ever read."

A TIME TO KILL

There is really nothing I can say about this movie that it can't say for itself. It's fantastic, superb, incredible -- the best trip I've taken to the movies since Forrest Gump. The thing that really impressed me about A TIME TO KILL (based on the John Grisham novel) was something absent that I usually see in typical "lawyer movies."

In "lawyer movies" like the Firm, the Pelican Brief, and a Few Good Men, the entire plot rested on the shoulders of the main hero, or the head lawyer. This movie is so strong, and has such a great supporting cast, that it just carries you along, leaving you asking questions and demanding answers.

The cast in this movie is jam-packed with talent. It's Matthew McConaughey (who gives one heckuva speech at the end, right up there with Bill Pullman's character in Independence Day), Sandra Bullock, Samuel L. Jackson and Donald Sutherland

vs. the bad guys: Kiefer Sutherland, Oscar winner Kevin Spacey, the KKK and a racist jury with GUILTY on their minds.

The only weak point I found in the whole movie was the villains. I found the KKK to be a little bit too stupid (although it's hard to tell exactly how stupid the KKK can be), and even a little ridiculous at times. It left a few loose ends that needed tied up, but other than that (and the fact it ran a little too long), this was a pretty good flick.

Lately I've gotten tired of the same old racial harmony messages, "Stop the hate" or "Color doesn't matter". It's one thing to think these things mentally, but it doesn't count for jack squat if your heart and actions don't back it up, as this movie shows. It was a fantastic, trill-paced ride, and got to say a message that needed to be said.

If you only get to go see one movie in September, make it A TIME TO KILL.

RATED R



What would make your Sweetest Day special?



- 1. If Adam Weber sent me a rose!--Cortnee Sowards
- 2. A man!--Crystal Sturdivan
- A rose and a kiss from a special someone!--Coleen Roettele
- 4. I want a "Hippy" Chie!--Brandon Elliot
- 5. Meet a girl with hairy legs!--Eugene Johnston
- I want to meet a wild girl!--Kenric Sturgill
- 7. I want a woman other than inflatable ones!--Heath Holbert
- 8. A singing telegram delivering a bouquet of roses!--Ms. Hohn
- A dream date like the one from the movie PRETTY WOMAN!--Mrs. Swayne
- 10. To meet a nice gentleman!--Evelyn Branham
- 11. All I want is a man!-- Emily Stambaugh
- To have a candlelight dinner with Keanu Reeves!--Samantha Browning

- 13. Someone to actually like me!--Mindy Hutton
- To have my boyfriend say he loves me for the first time!
 Nicki Cox
- 15. A whole lot of nothing!--Jake Willoughby
- 16. To have a candlelight dinner with Beth Myers!--Jeremy Wallingford
- 17. To have a guy dedicate a song to me on the radio!--Brittany Christman
- 18. To have my boyfriend give me a ring out of the candy machine!--Emma Frowine
- 19. Go on a hike with my dogs!--Mr. Krehbiel
- 20. A kiss from every girl in the school!--Jason Howard

CLUB NEWS

Drama Club News

The drama club held its first meeting in September. The following officers have been elected: Deborah Swayne, president; Jamey Brown, vice-president; Cori Hanna, secretary; Ryan Arey, treasurer; Sami Browning and Marci Pierce, clerks. We discussed plans for the year, including the spring production and fund raising. A T-shirt design was selected and these will be ordered soon.

Club members were also given information about the International Thespian Society. The ITS is an honor

society for students involved in all aspects of performance and production. There are strict requirements involved in becoming a member of ITS, but our school club members are well on their way.

The drama club would like to round up more interested members. Being in drama club does not mean just acting plays. Students who are interested in working backstage or on sets are welcome to join. Listen for the next meeting announcement, or check with Mrs. Hohn if you are interested in joining.

Soil Judging Team Goes to State

Eight FFA members participated in the 1996 soil judging contest on Tuesday, Oct. 1st. Those members were: Garine Shoemaker, Craig Armstrong, Lanelle McCoy, Paula Scott, Landon Woodall, Adam Stine, Andy Cluxton, and Robbie Crothers.

The team of Woodall, McCoy, Scott, and Stine placed sixth with a team score of 2175, which qualifies them to compete in the state soils contest October 12th.

Junior High News

Adams Soil & Water Conservation District Essay Contest

Adams Soil and Water The Conservation District is working to promote better understanding of current environmental and natural resource conservation issues of local, state, and national importance. In an essay contest open to any 7th and 8th grade student. This years theme is Harmony: People and Places. To prepare for their essay, Peebles junior high students and teachers have been working cooperatively, combining science

and language arts in an effort to develop the best essay possible. We are pleased to say that 52 of our students have entered their essay in the contest. The top three winners from each school will be awarded T-shirts. The top three winners in the county will earn cash awards. The winners will be announced mid-October. The students who entered their essay should be proud of their efforts. They have taken another step down

the path that leads to success. They include: Jessica Lanthorn, Ben Shoemaker, Suzie Little, Jennie Hoffman, Ashley Matheney, Jenna McCann, Sarah Isaac, Lee Pertuset, Jake Pertuset, Mandy Beech, J.M. Storer, Alicia Branham, Jim Howell, Mandy Reed, Christina Reeves, Tommy Newman, Chad Wilson, Michelle McClanahan, Sarah Patton, Rebecca Cox, Kim Forman, Jennifer McCatherine, and Della Pottinger.

PHS Ranks 38th in State Science Day Participation

Each year for the past decade, the Ohio Academy of Science has sponsored the State Science Day. In order to enter a science project on the state level of competition students must first qualify on a local, county, and district level.

We are pleased to announce that the Ohio Academy of Science has notified us that Peebles ranks 38th in the state for number of students who have participated in the State Science Day during the past decade. During the past ten years 8,364 students research projects from 895 public and non-public Ohio schools have been exhibited at the State Science Day.

It is now time for students to start planning their science projects. Almost \$500,000 was awarded last year in prizes at the State Science Day, mostly in the form of scholarships to juniors and seniors. Set your goals high, and plan now to win.

It is now time for students to start planning their science projects. almost \$500,000 was awarded in prizes at the state.

SPORTS

Beckham Vows to Win Back Title from Sturgill

On September 25th at the Cross Country meet here at Peebles, the school record was broken by Kenric Sturgill. In 1993, Kenric's older brother, Kedric, held the school record of 17:49. This time was tied by Kurt Beckham in 1994, as a freshman; as a sophomore he broke that time by finishing at 17:38; as a junior he broke his own record at a time of 17:23.

Kenric broke Kurt's record as a sophomore this year, with a time of 16:52. Kenric attributes his speed to the daily practice and is happy that the record belongs again to the Sturgill family. BUT......

Rumor has it that Kurt has promised that at the October 10 cross country meet held here at Peebles High School he will take back the title of CROSS COUNTRY KING, by beating Kenric and his new record, and once again being the proud holder of the PHS school record. Kurt has his work cut for him but, he is very determined He took pride in his record and he wants it back. This being Kurt's last year, and the season coming to an end, he knows it's now or never.

Soccer Team Wins First Two

The soccer team is off to a great start. In their first two games the beat West Union 4-1 and Manchester 2-1. Their next game is against North Adams who is also undefeated. If they beat North Adams, they will have beaten every team in the county. Go get 'em Indians!



Junior High Cross Country Finishes Successful Season

The junior high boys finished their season with a record of 26-4. They placed first in the county meet, second in the Southern Hills League, and fourth in the Western Invitational.

Congratulations to the top three runners to medal. They are Seth Smalley who finished first in the county, third in Southern Hills League, and twentieth in the Western Invitational; Loyd Sturgill, who finished second in the county, eighth in Southern Hills League, and thirteenth in the Western Invitational; and Adam Carroll, who finished third in the county, tenth in Southern Hills League, and eighteenth in the Western Invitational.

Other team members who helped lead the young Indians include Tommy Newman, Lear McCoy, Matt White, Jeremy McKenzie, Nick Conway, Adam Myers, Brad Wallingford, and Cody Brown.

Congratulations for a fine season!

Golf Team 1st in County, 2nd in Sectional

The P.H.S. golf team finished their regular season on Thursday, September 26. On September 23 the team played in and won the County Tournament held at Adams County Country Club in West Union. Teams defeated in the tournament were West Union, North Adams, Manchester, Ripley, and Western.

On October 2 the team traveled to Shawnee State Golf Course and finished second in the sectional tournament. This advances the team to district regionals at Portsmouth Elks.

Volleyball

Tuesday, October 1, the Lady Indians reserve and varsity volleyball teams lost to Eastern. Even though they lost, they put up a good fight against their undefeated opponents. They kept it close all the way but couldn't hold on during the last five points. Although their record does not show it (2-12), the Peebles girls volleyball team has great talent and all enjoy playing.

Girls' Cross Country

The PHS Girls' Cross Country team came in first place at the meet on Wednesday, September 25. Due to the lack of participation from surrounding schools, the girls only had to run 2 miles. Coming in first, with a time of 15.10, was Coleen Roettele. Second place, with a time of 17.4, was Jessica Henley. Third place, with a time of 17.10, was Rebecca Lykins. Also, coming in with a strong finish were Amber Ison, Jessica Fraley, Alaina Walcott, and Erica Puckett. North Adams also participated in the meet.

Sports Editorial

Everybody knows that Peebles is a basketball crazed town. We have had some great teams and some amazing players. In the last few years we have been on a downfall not to say this coming season won't be a success, because I feel that this year's team is full of potential. We have size, we have speed and we have some excellent players.

If you look at the statistics in the last few years the golf team has had an outstanding record and advanced to the regionals in the tournament the last three years. But they do not get any press, the basketball team still gets the praise.

In the last few years the golf team has had top golfers in the Southern Hills League Meet. In the last two years they have a combined regular season record of 50 wins and 7 losses.

-- Shaun Countryman

IDEAL PERSON

Name: Jeremy Boldman Grade: 7

Lips: Tracie Crabb
Eyes: Rebecca Myers
Hair: Tracie Crabb
Build: Rebecca Myers
Smile: Rebecca Myers
Complexion: Tracie Crabb
Personality: Tracie Crabb

Name: Rachel Bloomfield Grade: 7

Lips: Cowdy Brown
Eyes: Justine Kremin
Hair: Josh Schutte
Build: Jonathan Perry
Smile: Justin Neely

Complexion: Justin Williams Personality: Ashley Palmer

Name: James Light Grade: 9

Lips: Cortnee Sowards
Eyes: Coleen Roetelle
Hair: Sarah Schuller
Build: Brittany Christman
Smile: Brittany Christman
Complexion: Emma Frowine
Personality: Cortnee Sowards

Name: Becky Schwab Grade: 9

Lips: Bradley Carter
Eyes: Sarah Schuller
Hair: Cortnee Sowards
Build: Eric Davenport
Smile: Adam Elliott
Complexion: Kenric Sturgill

Personality: Yancy Gordley

Name: Donica Sammons Grade: 11

Lips: Jake Phipps Eyes: Eli Scaff Hair: Jimmy Shaffer Build: Kurt Beckham Smile: Josh Ryan

Complexion: Shaun Countryman Personality: Yancy Gordley

Name: Billy Swayne Grade: 11

Lips: Erica Puckett Eyes: Stacy Osborn Hair: Brianna Tolle Build: Nicci Nussbaum Smile: Donica Sammons Complexion: Amy Myers

Name: Charity Shultz Grade: 8

Lips: Billy Swayne
Eyes: Eli Scaff
Hair: Chrissy Elliott
Build: Eli Scaff
Smile: Thea Raines
Complexion: Moradith W

Complexion: Meredith Ward Personality: Thea Raines

Name: Stacy Eldridge Grade: 8

Lips: Chris Fuson Eyes: Chris Fuson Hair: Amanda Anderson Build: Chis Fuson Smile: Chris Fuson Complexion: Chris Fuson Personality: Chris Fuson Name: Sharon Tolliver Grade: 10

Lips: Craig Fitzpatrick
Eyes: Josh G.
Hair: Steven Elliott
Build: Adam Elliott
Smile: Brandon Elliott
Complexion: Eli Dietz

Personality: Brandon Elliott

Name: Matt Starline Grade: 10

Lips: Katy Robertson
Eyes: Cortnee Sowards
Hair: Meredith Ward
Build: Lanelle McCoy
Smile: Katy Robertson
Complexion: Jessica Henley
Personality: Cortnee Sowards

The Nitty

Hey Jamion J., how many times have you gotten burnt on the neck?

Hey Kris Traynor, did you know someone has a secret crush on you?

Sabrina, got any more phone calls lately?

Why does Jeremy need an air freshener in

his car?

Lindsay, we heard there was something about Pinocchio's nose that you liked!!



Peggy Anderson Ryan Arey Melissa Countryman Shaun Countryman Jessica Henley Stacy Kidder Rebecca Lykins Jennifer MacDowell
Nicci Nussbaum
Rick Puckett
Jennifer Seaman
Alaina Walcott
Jurina White
Mrs. Lewis, Advisor

SWEETEST DAY OUIZ

- 1. For Sweetest Day they give you:
 - A. Candy, flowers, card
 - B. Nothing
 - C. Romantic evening
- What do you think will be your ideal date for Sweetest Day?
 - A. Sitting at home watching the tube and eating popcorn with your Sweetie.
 - B. A fun-filled evening, dinner for two.
 - C. Nothing, they forgot all about you.
- 3. Was Sweetest Day up to your expectations?
 - A. Exactly the way you planned.
 - B. Okay! But it could have been better.
 - C. Awful-Nothing ever goes your way.
- 4. How long do you go with someone before they're your SWEETIE?
 - A. I week
 - B. 5 months
 - C. 1 year
- 5. Do you usually spend Sweetest Day?
 - A. Alone
 - B. With someone you care about.
 - C. Or sitting at home listening to your parents' stories you've heard a million times.

SCORING

- 1. A(2) B(1) C(3)
- 2. A(2) B(3) C(1)
- 3. A (3) B (2) C (1)
- 4. A (1) B (2) C (3)
- 5. A (1) B (3) C (2)

SWEET HEART (15-9 points)

You are made for each other! Your mate obviously knows what you want and is going to try and keep you happy. You must mean a lot to them! They seem to be keeping their end of the deal so try and keep yours. GOOD LUCK!

GET SMART (8-5 points)

If they are so forgetful they can't even remember Sweetest Day then! Tell them to hit the road. If your senses don't match then you better hit the hall ways on the prowl for someone new who's just like you. If your a loner then find someone soon to spend Sweetest Day with.

			P											
W	G	S	S						A					E
E	F	Ρ	Ε	_					R	_	Ι	T	G	Μ
\mathbf{E}	U	Y	Α	F	M	E	L	F	D	G	Ι	\mathbf{T}	Α	0
${ m T}$	S	R	T	L	Ο	V	E	K	S	S	R	J	D	R
E	S	L	J	K	R	D	Р	R	0	Α	U	S	T	Ι
S	Р	E	Ν	Q	Ε	Q	0	F	E	N	V	Ε	M	E
T	U	W	N	С	J	0	Τ	Н	С	D	K	C	R	S
D	0	E	K	I	N	M	T	G	D	K	E	S	Χ	Y
A	V	J	В	G	U	\mathbb{E}	Z	W	В	I	\mathbb{L}	R	Α	R
Y	Ν	H	L	S	Ε	Ο	С	D	Р	S	Q	E	F	E
R	Χ	Q	I	M	Y	G	I	F	T	S	Y	W	U	N
W	Μ	С	S	Χ	M	Z	I	Α	K	Ε	Χ	0	U	N
I	Q	R	Н	Z	G	R	0	S	E	S	F	L	M	I
С	А	N	D	Y	V	J	В	J	E	С	L	F	В	D

LOVE
ROMANCE
ROSES
CANDY
FLOWERS
CARDS
SWEETEST DAY
HAPPINESS

MEMORIES
SOFT MUSIC
DINNER
GIFTS
SWEETHEART
JEWELRY
HUGS AND KISSES

1996 Country Music Award Winners

Entertainer of the Year: Brooks & Dunn
Male Vocalist of the Year: George Strait
Female Vocalist of the Year: Patty Loveless

Single of the Year: "Check Yes or No"

George Strait

Vocal event of the Year: "I Will Always Love You"

Dolly Parton & Vince Gill

Horizon Award: Bryan White

Song of the Year: "Go Rest on That Mountain"

Vince Gill



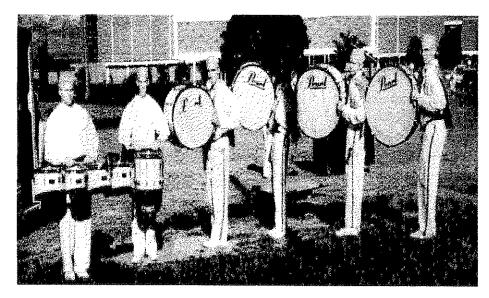
PHS Drummers Beat the Best to Become GRAND CHAMPIONS!!!

The PHS drum line has won two superior ratings in their last two competitions. The first was on September 21 at Logan Elm. The second was on September 28 at Miami Trace where they had the HIGHEST rating of ALL classes -- GRAND CHAMPIONS!! On Saturday, October 5, they again won GRAND CHAMPION at Athens -- two shows in a row.

The drummers are Adam Weber, Ben Weber, Steven Elliott, Andrew Hayslip, Nola Penny, Paul Worley, Rose Cmehil, and Eric Davenport.

More competitions will be held at Athens, Portsmouth East, and Greene.

Congratulations Drummers!!!





Pencil It In

Here's the newest makeup trend: soft tipped crayons that do more than just line. Fat pencils go on creamier and are totally blendable. Another plus: Since pencils now come in every variety from concealer to lip gloss, you can use them to draw on your entire face. Check out the lineup:

ERASING FLAWS: Concealer pencils (Prestige Concealer Pencil) can be dotted on undereye circles and spots.

HIGHLIGHTING EYES: Eyeshadow crayons (Lancome Le Crayon Glace Eye Colour, Prestige Waterproof Eyeshadow Crayon) can line or shade.

FILLING IN LIPS: Creamy lip pencils define and color in one step. Sticks that go on glossy (Origins Sheer Sticks), creamy (Jane Ouick Stix) or matte (Lord & Berry Lipstique Ultimate Lipstick).

SHADING CHEEKS: Even blush comes in crayon form (Trish McEvoy Lip and Cheek Pencil works on both). Stroke some on the apples of your cheeks and gently smudge.

Healing Baths

The tremendous cosmetic powers of water have been known for hundreds of years. Not only does this essential element clean, refresh and hydrate the skin, it also washes away tension and eases anxiety. One of the best hydrotherapy treatments? That old reliable -- a long, luxurious bath. Aromatic soaps and oils add another healing dimension.

BAKING SODA: A half pound in the bath soothes skin irritation and itching.

EPSOM SALTS: Relaxes muscles, relieves swelling. Add a half pound to a warm bath.

CORNSTARCH: Helps reduce itchiness from eczema. Add up to one pound.

OATMEAL: Soothes hives and sunburn. Grind a cup of oatmeal in blender, stir into a warm bath.

APPLE CIDER VINEGAR: Add a cup to a tepid bath to help fight fatigue and invigorate the skin.





Feature Car

This issue's feature car is a real looker. It belongs to Jeremy Crum. Jeremy sports a black 1996 Pontiac Grand Prix Special Edition. It has 24 valve V-6 engine.

His car has all the extras, such as power windows and locks. It also has cruise control. Jeremy's car registers at 115 mph.